

# PLAN AHEAD

Build a local support network for you and your family, neighbours, friends and relatives that you can call on for help or provide a place to seek refuge.



## HERE IS YOUR EMERGENCY TELEPHONE LIST.

POST IT NEAR YOUR MAIN TELEPHONE OR WHEREVER YOU WILL KNOW WHERE IT IS WHEN YOU NEED IT.



The civic address (house or building number) for this residence is: \_\_\_\_\_

The telephone number for this residence is: \_\_\_\_\_

## IN AN EMERGENCY DIAL: 911

Be sure to stay on the line and be prepared to give the Emergency Operator all of the information they require.

### IMPORTANT CONTACT NUMBERS:

The Mayor or Warden for this location: \_\_\_\_\_ Telephone: \_\_\_\_\_

The Councillor for this area: \_\_\_\_\_ Telephone: \_\_\_\_\_

To report power outages:..... 877 428-6004  
To report the loss of telephone services:..... 611  
To report highway or road problems:..... 875-3017  
To contact the Barrington RCMP office:..... 637-2325  
To contact the Shelburne RCMP office:..... 875-2490  
Important number to you:..... \_\_\_\_\_  
Important number to you:..... \_\_\_\_\_  
Important number to you:..... \_\_\_\_\_

### LOCAL COMFORT CENTRES

(WHERE AND WHEN ADVISED)

Barrington Lion's Hall  
Clark's Harbour Legion  
Island & Passage Fire Hall  
Port Clyde Fire Hall  
Port La Tour Fire Hall

## YOU'RE COMMUNITY AND YOU "PREPARING FOR AND DEALING WITH - **EMERGENCIES**"

**Basic Preparations** - the following suggestions are guidelines only and may vary depending upon your own circumstances and nature of the emergency. Those with special needs and/or living in isolated areas may have to make their own particular arrangements - remember, be prepared to take care of yourself and your family for a minimum of 72 hours.

1. **Be aware of and heed weather warnings**, especially those that may result in transportation problems, loss of power and/or telephone service. Listen to your radio for Public Service Announcements!
2. **Plan ahead and be prepared** to deal with any special needs that you or your family may have. Make all necessary arrangements (get groceries, batteries, extra fuel and extra medication) before the EMERGENCY.
3. **Have a home survival kit** stocked with essentials in a weather proof transportable container that you can take with you in the event you have to evacuate or move to another location. Have a separate (smaller) kit for your car; especially for winter highway stranding. For a detailed list of what you should have pick up a copy of the booklet "72 HOURS" at any Town/Municipal office. **Have an evacuation plan** ready in case you are asked to leave your home on short notice (I.E. Forest fire).
4. **Have a battery powered radio and flashlights** with spare batteries. Change the batteries annually, usually when you check your emergency home and car survival kits. Know where to find your local radio stations on your radio and show other family members as well.
5. **Have at least one "corded" telephone** (a telephone wired directly to a telephone outlet) in the residence. Many cordless telephones will not work if there is no power or the batteries go dead.
6. **Post your civic number in a visible place** so that emergency responders can find your home at night or during a storm. There are a number of suitable reflective signs available.
7. **Start preparations immediately:**
  - Stay warm, be safe and do not take unnecessary risks - help may not be able to get to you.
  - Look at transport issues (seek refuge before storm strikes if it looks like a severe event).
  - Prearrange for a safe haven (perhaps someone with a wood stove and generator).
  - Use emergency equipment properly.
  - Store fuel safely and consistent with regulations.
  - Have adequate supplies - food, water, fuel and septic capability (remember it takes one bucket of water to flush a toilet - special procedures apply if your sewage system involves a pump and the power is off.)
8. **During a power failure**, turn off all lights, appliances and electronic devices. Leave one light on so you will know when the power comes back.
  - Cover freezers with heavy blankets during prolonged power outages.
  - Do not open freezer unless absolutely essential.
9. **Listen to your radio** for Public Service Announcements (PSA). Every effort will be made to keep you informed about the current situation. Good sources of information might include: CJLS (96.3FM/95.5FM), CKBW (93.1FM), and CBC (100.3/92.1FM). CKBW has stand-by power and should be on the air even if the local power is out.
10. **Be a good citizen:**
  - Check on your neighbours and those that you know that may need help or have special needs;
  - Report power, telephone/cellular outages and road blockages;
  - Report suspicious activities to the appropriate authorities;
  - Minimize the use of the telephone and cellular systems for essential calling such as listed above.
11. **Do a "show and tell" for your household or residence of:**
  - Location and operation of power shut off switch, water pump valve, furnace control switch, and hot water heater control switch;
  - Agree upon and post an "out of area or out of province" telephone number to call in the event of an emergency whereby family members become separated. Do not use a local phone number.
12. **Make arrangements to look after and care for pets.** Pets are not allowed in evacuation centres (due to allergies and other reasons). Make a plan for your pets now.
13. **Detailed brochures listing** suggested survival kit contents and more detailed information are available from the Emergency Management Organization. They can be picked up at the Municipal or Town offices during regular business hours.
14. **OCEAN LEVEL RISE IS REAL!**  
Those with oceanfront properties must use caution with the development of their properties.