

WELCOME

Welcome to the Barrington Municipal Recreation Department summer 2015 programs. The Recreation Director, the Physical Activity Coordinator and Summer Staff offices are located at the Sherose Island Recreation Centre. We will try to meet your needs and requests for recreational activities. If you feel you would like to see something added that is not offered, please call and talk to us. Keep this booklet handy as your guide for the summer.

CONTACT NAMES

Anna Kenney	Recreation Director
Samantha Goreham	Physical Activity Coordinator
Lynsay Thurber	Program Coordinator
Lara Fraser	Day Camp Counselor
Patricia Messenger	Day Camp Counselor
Taniesha Smith	Day Camp Counselor
Taran Atwood	Day Camp Counselor
Danielle Wilms	Aquatic Coordinator
Chelsie Hines	Aquatic Instructor / Lifeguard
Jenna Adams	Aquatic Instructor / Lifeguard
Cara Atkinson	Aquatic Instructor / Lifeguard

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Day Camp Program

- Day Camp is a program for children aged 5 years (must have been in school) to 12 years. The children spend the day at the Sherose Island Recreation Centre. The program is open from 8:00 am to 5:00 pm, Mondays to Thursdays. On Fridays, the program is open from 8:00 am to 12 noon. This program involves games, sports, arts and crafts, theme days, special guests, outdoor play time and a free swim every afternoon at the Municipal Pool.

Every Friday is a half day with the program ending at 12 noon.

- Children can sign up by the day or week with 8 weeks available this summer (refer to the dates below). Registration prior to the program starting will be taken at the recreation dept. office. Once the program begins, registration will be taken at the front entry of the Recreation Center. Money must accompany registration in order to secure your place in the program.
- Children will not be allowed inside the Recreation Centre before 8:00 am and must be picked up no later than 5:00 pm.
- Cost: \$60.00 / week for 1st child \$50.00 / week for each additional child
 \$15.00 / day for 1st child \$12.00 / day for each additional child
- Children must bring their own snacks (morning and afternoon) and a lunch. A canteen is available for children to buy healthy snacks (cracker and cheese, granola bars, juice, and water) at reasonable costs.

Playground Program

- Playground is a program for children aged 4 & 5. This program runs with the Day Camp Program with some adjustments for the younger children. The Playground program runs from 8:00 am to 12 noon, Monday to Friday. Children may be dropped off no earlier than 8:00 am and picked up no later than 12 noon.
- The children participate in games, sports, arts and crafts, theme days, special guests and more fun activities. Playground participants must bring their own snacks. They can also bring a lunch as sometimes lunch time can be around 11:30 am – 11:45 am. A canteen is available for children to buy healthy snacks, at reasonable costs.
- Children can sign up by the day or week with 8 week sessions available this summer (refer to the dates below). Registration prior to the program starting will be taken at the recreation dept. office. Once the program begins, registration will be taken at the front entry of the Recreation Centre. Money must accompany registration in order to secure your place in the program.
- Cost: \$30.00 / week for 1st child \$20.00 / week for each additional child
 \$7.00 / day for 1st child \$5.00 / day for each additional child
- Weeks: June 29, 30, July 2, 3 (4 day week) July 6 – July 10
 July 13 – July 17 July 20 – 23 (4 day week)
 July 27 – July 31 Aug. 4 - Aug. 7 (4 day week)
 Aug. 10 – Aug. 14 Aug. 17 - Aug. 21

Barrington Municipal Pool

This facility is 82 feet long and 28 feet wide. The shallow end (20 x 28 feet) is only 2.5 feet deep. The pool then slopes down to a depth of 6 feet over the next 20 feet. The deep end (42 x 28 feet) is 6 feet deep. The pool is heated and a comfortable temperature will be maintained. Because of the depth of the pool, diving will not be taught or allowed. A complete schedule of instruction using the Red Cross system will be offered. This includes parent and tot, school age and adult classes. There will also be recreational swim times for parent & tot, youth, teens, adults and family. Pool rentals and private lessons will also be available where pool schedule permits.

The Barrington Municipal Pool is scheduled to open June 7, 1:00 pm for public swims. Please note that the pool will not be opened in the evenings of June 23 due to the BMHS Prom, and June 29 due to the BMHS graduation.

June Pool Schedule for Public Swims

<u>Week day</u>	<u>Senior Swim</u>	<u>Youth and Teen Swim</u>	<u>Family Swim</u>	<u>Adult Swim</u>
Monday	9:00 – 10:00 am	4:00 – 5:00pm	6:00 – 8:00 pm	none
Tuesday	none	4:00 – 5:00 pm	6:00 – 8:00 pm	8-9pm
Wednesday	9:00 – 10:00 am	4:00 – 5:00 pm	6:00 – 8:00 pm	none
Thursday	none	4:00 – 5:00 pm	6:00 – 8:00 pm	8-9pm
Friday	9:00 – 10:00 am	4:00 – 5:00 pm	6:00 – 8:00 pm	none
Saturday	none	none	none	none
Sunday	none	2:30 – 3:30 pm	3:30 – 5:00 pm 6:00 – 8:00 pm	8-9pm

July and August Pool Schedule for Public Swims

<u>Week day</u>	<u>Senior Swim</u>	<u>Youth and Teen Swim</u>	<u>Family Swim</u>	<u>Adult Swim</u>
Monday	8:30 – 9:30am (seniors)	2:00 – 3:30 pm	3:30 – 5:00 pm 6:00 – 8:00 pm	none
Tuesday		2:00 – 3:30 pm	3:30 – 5:00 pm 6:00 – 8:00 pm	8-9pm
Wednesday	8:30 – 9:30 am (seniors)	1:00 – 2:00 pm (parent & tot) 2:00 – 3:30 pm	3:30 – 5:00 pm 6:00 – 8:00 pm	none
Thursday		2:00 – 3:30 pm	3:30 – 5:00 pm 6:00 – 8:00 pm	8-9pm
Friday	8:30 am – 9:30 am (seniors)	2:00 – 3:30 pm	3:30 – 5:00 pm 6:00 – 8:00 pm	none
Saturday	none	none	none	none
Sunday	none	2:30 pm – 3:30 pm (3)	3:30 – 5:00 pm 6:00 – 8:00 pm	8-9pm

Costs of Public Swims:

Adults (18 yrs. +)	\$5.00
Teen (13 – 17)	\$4.00
Youth (5 – 12)	\$3.00
Preschool	FREE
Family Rate	\$10.00 (includes immediate related members)

June Pool Rental Times

In June, the pool will be available to rent 7 days a week, while not in conflict with the June schedule of public swims or other scheduled events. This also depends on availability of qualified staff to lifeguard. To book a rental or to ask any question, call the Aquatic Coordinator, at 637-2903 (for the month of June).

July and August Pool Rental Times

Monday, Friday:	1:00 – 2:00 pm	5:00 – 6:00 pm	8:00 – 10:00 pm
Wednesday:		5:00 – 6:00 pm	8:00 – 10:00 pm
Tuesday, Thursday:	1:00 – 2:00 pm	5:00 – 6:00 pm	9:00 – 10:00 pm
Saturday:	9:00 am – 9:00 pm		
Sunday:	1:00 pm – 2:00 pm	5:00 – 6:00 pm	9:00 – 10:00 pm

The pool can be rented on an hourly basis, at the above hours, throughout July and August. Call the pool office, 637-2885 to make arrangements. **The pool will be closed on July 1. The pool will be open on the civic holiday, August 3.**

Pool Rental Cost: Cost is \$43.48 / hour + tax. The number of participants, will determine the number of lifeguards needed.

$$\$43.48 + \$6.52 \text{ tax} = \$50.00 + \$11.20 \text{ (1 lifeguard)} = \$61.20$$

Lifeguards:	1 – 30 swimmers	= one lifeguard
	31 – 60 swimmers	= two lifeguard
	61 – 75 swimmers	= three lifeguard
	76 -100 swimmers	= four lifeguard

If you wish to use the Sherose Island Recreation Centre before or after the swim, for a birthday party, it will cost \$25 + \$3.75 = \$28.75. The Aquatic staff will make the arrangements.

Swimming Lessons Schedule – two week sessions (9:30 am to 12 noon)

Session 1: June 29 – July 10 (**none July 1**) Session 2: July 13 – July 24
Session 3: July 27 – Aug. 7 Session 4: Aug. 10 – Aug. 21

Swimming Lessons: 30 minutes class \$50 for a 2 week session
Each additional child 30 minutes class \$41 for a 2 week session

45 minutes class \$63 for a 2 week session
Each additional child 45 minutes class \$54 for a 2 week session

Each session of swimming lessons will be comprised of 10 lessons offered at the same time Monday to Friday. Week long sessions (5 lessons) are available at half the cost. Registration will begin immediately and continue until classes are full. There are limited numbers allowed for each class, so participants and instructor ratios are suitable for learning and safety. To register, call 637-2903 (mth of June) and 637-2885 (July / Aug). Our pool staff will offer the different levels of the Red Cross water safety program.

Swim Preschool: The Swim Preschool Program contains 7 levels and is for children ages 4 months to 5 years. Children enter the levels based on age and then ability. The program introduces the child to the aquatic environment. The first two levels are parented. The remaining five can be parented or un-parented.

Swim Kids: The Swim Kids Program contains 10 levels based on age and ability. The program introduces the child to the aquatic environment and includes water safety skills, improving their swimming abilities, endurance swims and more.

Adult Instruction – Aqua Adult: This Red Cross program allows adults to learn the swimming and safety skills they want to learn, at their own pace. Swimmers in the Aqua Adult program may range for those who have a fear of the water, to those who wish to perfect a few strokes. This type of instruction will be scheduled depending on the wishes of the participants.

Senior Swims: Come out and enjoy an hour of swimming, a healthy and refreshing way to start your day, with other seniors. There is always a lifeguard on duty and the cost is only \$3.00. This hour can be used for fitness, relaxing or pure enjoyment!

Private / Semi Private: Private and semi private lessons will be offered to those who wish to work with a swimming instructor in a non group environment. Please call 637-2903 (June), 637-2885 (July / Aug.) for further details.

Private / Semi Private Cost: \$12 – 30 minutes; \$18 – 45 minutes; \$23 – 60 minutes
(5)

Recreation Department & Other Recreation Activities

Barrington Recreation Department Soccer Program: The program is sponsored by Tim Hortons for children ages 5 to 6 years old – born in 2009 and 2010. The participants will learn the basic skills of soccer. Sessions will be 1 hr. in length, at the Richard Swaine Field (old high school field), every Mon. evenings, 6 pm to 7 pm. The players will be given a jersey and a water bottle from Tim Hortons. Participants are encouraged to bring water. Participants must wear cleats or sneakers, shin pads are optional. Parents are encouraged to participate as helpers and are welcome on the field with their child. They are also responsible for taking their child to the bathroom. Call the Rec. Dept. to register your child for the program.

Starts: Monday, June 8 Ends: August 17 Cost: \$30.00

T-Ball Program: This is for children 5 to 7 years of age – born in 2008 – 2010, who wish to learn the basic skills and fundamentals of baseball. The program follows Baseball Canada's Rally Cap Program. Participants work on hitting, fielding, catching, base running, rules of the game and sportmanship. It will be held every Tuesday mornings at the Sherose Island ball field from 10 am to 11 am. Participants are encouraged to bring their ball glove and water. Participants must wear cleats or sneakers. If your child was in the program last year, please tell the instructors which colour cap they earned. They will then work towards the next colour. Registration will be taken on the first day of the program.

Starts: Tuesday, July 7 Ends: August 18 Cost: \$10.00

Preschool Soccer Program: The soccer program is for children 3 and 4 years of age – born in 2011 & 2012, who are interested in soccer. All participants will learn the very basic skills and the fundamentals of the game. It will be held on Wednesday mornings, 10 am to 11 am, at the Sherose Island ball field. Participants are encouraged to bring water. Participants must wear cleats or sneakers. Please no sandals or flip flops. **PARENTS / GUARDIANS MUST PARTICIPATE WITH THE CHILD ON THE FIELD.** Registration will be taken on the first day of the program.

Starts: Wednesday, July 8 Ends: August 19 Cost: \$10.00

29th Annual Shelburne County Lobster Festival: June 4 –7

There are many events throughout Shelburne County. Events held in the Municipality of Barrington. For a full schedule of events, go to www.barringtonrecreation.ca

Kung Fu: No experience needed. It will be beginners / intermediate classes. Participants are asked to wear clothing suitable for bending, stretching, jumping, etc. Classes will begin with stretching then move into various Kung Fu forms. Participants must be aged 7 or older. The classes will be held Thursdays at the Sherose Island Recreation Centre, 6:00 pm, \$10 per class. For more information or to register, call the Recreation Department.

Ballet: Ballet classes are held at the Sherose Island Recreation Centre, every Tuesdays, 4:15 pm. Next session, will begin in September.

45th Annual Nova Scotia Marathon / Half Marathon and 10 km: The event will be held Sunday, July 26. The marathon / half marathon and 10 km is a growing event with many Canadian and US runners attending. Anyone wishing to volunteer with this event can do so by contacting the Recreation Department office. Anyone wishing to run the full, half marathon or the 10 km, can pick up a registration form from the Recreation Dept.

Pool Bash: Come spend a fun filled afternoon at the pool! The Pool Bash will be held at the Barrington Municipal Pool, date to be determined later, from 1 pm to 4 pm. There will be water games, relays, music, contests, and much more. Parents and guardians are asked to accompany their children as supervision will not be provided. This is sure to be lots of fun for everyone!

Tennis Lessons: If anyone is interested in learning the sport of tennis, please call the Recreation Department.

Kayaking and Lumberjack: All kayaks and gear are provided. The camp is for ages 10 – 14. Participants must be able to swim and be comfortable in the water. Participants will learn basic kayak and canoeing skills, as well as tree climbing, logrolling, and bow sawing. They will also learn about fish and plant identification.

The camp starts at 9 am and finishes at 3 pm from Monday to Thursday. On Friday, the camp will start at 9 am and end at 1 pm. Parents and family members are invited to come at 12 pm to see a demonstration of what the participants have learned during the program.

Dates: July 6 to 10 and August 10 – 14

Cost: \$75.00 per person

Registration will be open Monday June 8. To register call Samantha at 902 637-2903, space is limited.

Refund Policy

A total refund will be given for cancellation of a program, for a medical reason (doctor's note needed) or dropping out one week in advance of a program beginning. Special situations will be evaluated as they arise. 25% administration fee will be charged in all other cases.

DAY CAMP / PLAYGROUND REGISTRATION FORM

Day Camp (5 – 12 yrs. old) _____ Playground (4 - 5yrs. old) _____

Child's Name: _____

Parent's Name: _____

Date of Birth: _____

Health Card #: _____

Mailing Address: _____

Phone # _____ (home) _____ (work) _____ (other)

Medical Problems: _____

Throughout the day camp / playground program, the staff may take digital photos of the children in the program. If you agree to allow us to include your child's photo on the Municipality of Barrington Recreation Department website, please sign.

I allow my child's photo to be put on the Rec. Dept. website: _____

Please read and sign waiver on other side.

Please check off or circle which Day Camp / Playground days / weeks your child will be attending.

Week one: June 29, 30, July 2, 3 (4 days)

Week two: July 6, 7, 8, 9, 10

Week three: July 13, 14, 15, 16, 17

Week four: July 20, 21, 22, 23 (4 days)

Week five: July 27, 28, 29, 30, 31

Week six: August 4, 5, 6, 7 (4 days)

Week seven: August 10, 11, 12, 13, 14

Week eight: August 17, 18, 19, 20, 21
(8)

Barrington Municipal Recreation Department
Consent and Release from Liability

I, _____, hereby acknowledge that it is my desire (for my child) to participate in Recreation Department activities at the Sherose Island Recreation Centre, Barrington, NS, including activities on / or away from the Municipality's premises as well as transportation to and from such activities.

I AM (MY CHILD IS) VOLUNTARILY PARTICIPATING IN THESE ACTIVITIES, INCLUDING TRANSPORTATION TO AND FROM SUCH ACTIVITIES, WITH KNOWLEDGE OF THE DANGERS INVOLVED AND HEREBY AGREE TO ACCEPT ANY AND ALL RISKS OF INJURY AS A RESULT OF SUCH PARTICIPATION AND TRANSPORTATION.

As lawful consideration for permitting me (my child) to participate in such activities, including the transportation to and from such activities. I hereby release and discharge *Barrington Municipality*, its officers, employees, agents and members of the Board of Trustees from all actions, claims or demands I and my heirs, distributees, guardians, legal representatives or assigns now have, or may hereafter have for any injury or damages resulting from the negligence or other acts, howsoever caused, by such municipality, officers, employees, agents, and Board of Trustee, before or during my participation in such Recreation Department activities on and / or away from the municipality's premises, including transportation to and from such activities.

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENT. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND AN ASSUMPTION OF RISKS AND SIGN IT OF MY OWN FREE WILL.

This Consent and Release from liability shall remain effective until revoked in writing and delivered to any officer, employee or agent of Barrington.

Executed this _____ day of _____ 2015 at Barrington, Nova Scotia

Signature

SWIMMING LESSONS REGISTRATION FORM

Parent's Name: _____

Phone #: _____ (h) _____ (w) _____ (c)

(1) Child's Name: _____

Date of Birth: _____ (age) _____

Health Card #: _____

Mailing Address: _____

Medical Problem: _____

Level Last Completed: _____

(2) Child's Name: _____

Date of Birth: _____ (age) _____

Health Card #: _____

Mailing Address: _____

Medical Problem: _____

Level Last Completed: _____

(3) Child's Name: _____

Date of Birth: _____ (age) _____

Health Card #: _____

Mailing Address: _____

Medical Problem: _____

Level Last Completed: _____

Private / Public Lessons: _____

Throughout the swimming lesson program, the staff may take digital photos of your child in the program. If you agree to allow us to include your child's photo on the Municipality of Barrington Recreation Dept. website, please sign.

I allow my child's photo to be put on the Rec. Dept. website_____

Swimming lessons sessions – check the sessions you would like to enroll your child / children in:

Session one: June 29, 30, July 2, 3, 6, 7, 8, 9, 10 (none July 1)

Session two: July 13, 14, 15, 16, 17, 20, 21, 22, 23, 24

Session three: July 27, 28, 29, 30, 31, August 3, 4, 5, 6, 7

Session four: August 10, 11, 12, 13, 14, 17, 18, 19, 20, 21

Municipal Pool

Consent and Release From Liability

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As lawful consideration for permitting my (my child) to participate in such activities, including the transportation to and from such activities. I hereby release and discharge *Barrington Municipality*, it's officers, employees, agents and members of the Board of Trustees from all actions, claims or demands I and my heirs, distributes, guardians, legal resulting from the negligence or other acts, howsoever caused, by such municipality, officers, employees, agents, and Board of Trustee, before or during my participation in such Recreation Department activities on and / or away from the municipality's premises, including transportation to and from such activities.

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENT. I AM AWARE THAT THIS IS A RELEASE OR LIABILITY AND AN ASSUMPTION OF RISKS AND SIGN OF MY OWN FREE WILL.

The Consent and Release from liability shall remain effective until revoke in writing and delivered to any officer, employee or agent of Barrington.

Executed this _____ day of _____ 2015 at Barrington, Nova Scotia

Signature