



## **Barrington & Clark's Harbour Physical Activity Strategy**

The Municipality of Barrington and the Town of Clark's Harbour are creating a Physical Activity Strategy and we need community input in order to tailor the strategy to the needs of our residents. Responses are anonymous. Please complete this survey by December 17, 2012.

#### 1. Where do you live?

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District 1 (Charlesville, Woods Harbour, Shag Harbour, etc.)

District 2 (Bear Point, Barnngton Passage, Bress Hill, Barnngton West, Oak Park, etc.)

District 3 (North East Pomt, Centreville, West Head, etc.)

District 4 (Clam Pomt, South S1de, The Hawk, etc.)

District 5 (Riverhead, Barrington, Villagedale, Port Clyde, etc.)

Town of Clark's Harbour
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## 2. Please select your age category:

3. What opportunities for physical activity currently exist in your community?

4. What physical activity opportunities would you like to see developed in your community?

5. What barriers in your community limit people being physically active? How could these barriers be reduced?

#### 6. Provincial Priorities

The p	orovince ha	as identified	three	priorities	that the	Physical	Activity	Strategy	should	focus o	n:

- Walking/biking on a daily bas1s
- Youth (ages 12-19), and
- · Females across the lifespan.

How could each of these priorities be addressed locally?

- a) Walking/b1k1ng on a daily basis:
- b) Youth (ages 12-19):
- c) Females across the lifespan:

# 7. What local priorities do you think should be addressed in our Physical Activity Strategy to make more people, more active, more often?

### 8. What is the best way to provide you with information on physical activity?

Check all that apply:

The Coast Guard

Town's Webs1te

Municipality's Website

Soc1al Media (Facebook, Tw1tter)

Local Halls

**Event Signs** 

Municipal Newsletters

Email (Leave your ema1l

address)

Recreation Department Sign

Other, please spec1fy..

Thank you for your input! If you have any questions or additional comments you can contact <u>Samantha Reyno</u>, Physical Activity Co-ordinator at (902) 637-2903.

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Online Questionnaire Maker powered by HudSurveys