

Lesa Rossetti

From: Donna Lugar [REDACTED]
Sent: April-01-19 1:28 PM
To: Lesa Rossetti
Subject: Lyme Disease Awareness Month, May, 2019
Attachments: Lyme Disease Awareness Month 2019 Barrington.doc

Good afternoon,

I'm reaching out once again to see if the Municipality of the District of Barrington would proclaim May, 2019, as Lyme Disease Awareness Month. In the hope that you will be able to do so, I have attached a draft proclamation for your consideration.

It is very important to continue keeping this issue at the forefront of your residents minds so that proper precautions are undertaken so that a quick diagnosis and treatment can be obtained if someone is bitten by a tick. As I am sure you are aware, all of Nova Scotia is now considered an "at risk" area for Lyme disease.

For your information, the number of cases of Lyme disease in 2017 was 586, a substantial increase from 2016 which was 326, which is also an increase from 2015 which was 247. I do not yet have the 2018 numbers but the trend suggests that there will be another jump. These numbers, however, are much lower than the "true" numbers of cases in Nova Scotia as, to be considered a Confirmed/Probable case of Lyme disease in Nova Scotia, one must either have a bull's eye rash and/or a positive ELISA/Western Blot. These requirements can leave out a lot of cases as many do not get, or see, a bull's eye rash and the ELISA/Western Blot testing is not 100% accurate.

On a final note, I would like to advise that there will be a two day (mornings only) conference taking place on October 5/6th, 2019 in Bridgewater. The event is broken out to a session for health care providers and one for patients. The one just for health care providers will be Saturday October 5th from 9:00 am until 1:00 pm and the patient session will be Sunday October 6th from 9:00 am until 1:00 pm. Both sessions will be held in the Bridgewater cineplex. It is in the fairly early stages of development but both look like they will be very interesting and informative.

As the venue is relatively small, prior registration will be required, but it will be free and open to people in Nova Scotia, not just the South Shore. More information on that will be available shortly.

Thank you.

Donna Lugar

NS Representative, Canadian Lyme Disease Foundation

Founder, NS Lyme Support Group

41 Brentwood Drive, Bedford, NS, B4A 3S2

902-835-5643

PROCLAMATION

LYME DISEASE AWARENESS MONTH May 2019

WHEREAS Lyme disease is a serious illness caused by the bite of a black-legged tick infected with the bacterium *Borrelia burgdorferi*; and

WHEREAS black-legged ticks carrying a variety of diseases or illnesses can now be found in all parts of Nova Scotia; and

WHEREAS awareness, education and practicing preventative measures, such as daily tick checks and proper tick removal, can help reduce your chances of contracting tick borne diseases;

THEREFORE, be it resolved that I, Warden Eddie Nickerson, on behalf of the Municipality of the District of Barrington, do hereby proclaim May 2019 as "Lyme Disease Awareness Month".

Dated at Nova Scotia
this day of May, 2019

Warden Eddie Nickerson