



## Shelburne Association Supporting Inclusion

The official name of the organization is “Shelburne Association Supporting Inclusion”; however, we like to refer to ourselves as SASI.

The non-profit society was incorporated in March 1985.

The first vocational site; “Sea Spray”, was opened in the Barrington Passage in March 1989. It has since moved to a new location and is now known as “Mayflower Place”. Commercial activities include a bakery, meals on wheels program, laundry services, and the youth pilot program.

“Heritage Hall”, was opened in the Shelburne area the following year, and has since moved and is now known as “SASI Works”. Commercial activities include laundry services, bakery, sub/sandwich contracts with local businesses, a take-out lunch time meal program and the youth pilot program.

The Lockeport Program, “Atlantic Waves” now known as “Beech Street Studio” opened in December 2004. Commercial activities include a textiles studio; quilting, weaving, rug hooking; take out lunch time meal program, retail and a small thrift shop.

At the present time, in vocational services, we assist approximately 48 participants with an employee complement of 13.

SASI encourages volunteers and students to assist with our programs and build on partnerships with other community organizations.

In September 2000, the Board of the organization agreed to undertake the establishment of residential services for persons with disabilities.

In the Town of Shelburne a Group Home was opened in January 2002. This is a nine-bed home (seven permanent beds and two respite beds).

In Barrington Passage a Developmental Residence was opened in May 2002. This is a six-bed home (5 permanent beds and one respite). Residents who live in the Developmental Residence require a higher level of support than the residents who live at the Group Home.

These homes are licensed under the “Home for Special Care Act” and must meet specific licensing requirements of the Department of Community Services and are inspected on an annual basis.

In November 2004, we received approval from the Department of Community Services to establish a supported apartment/independent living program. At the present time, we have seven

participants living in their own apartments, three in Shelburne and three in Barrington, with support given as needed by staff.

Within residential services, we support 19 residents and have a total of approximately 50 employees (includes full-time, part-time and casual).

The focus of the residential programs is to provide the level of individual support required in areas such as: activities of daily living, budgeting, community awareness, relationships, etc.

We have seven volunteers who serve on our Board of Directors. Regular meetings take place on a monthly basis, and the financial committee meetings also occur monthly. Our annual meeting takes place in spring/early summer each year.

Shelburne Association Supporting Inclusion is an active member in three provincial organizations/agencies. On the vocational side of things, we are a member of DirectioNS Council for Vocational Services Society. On the residential side, we are a member of the Nova Scotia Residential Agencies Association. We actively participate in the Shelburne County Mental Health and Wellness Association.

Our programs are as diverse as the individuals for whom we provide support. Individuals' challenges vary and may include an intellectual disability along with physical limitations, dual diagnosis of an intellectual disability and mental illness and/or individuals with a single diagnosis of long-term mental illness. In order to capture the unique skills of each of these individuals and to support them in acquiring new skills and increased self-worth we aim to make each of our programs as individual and unique as the person. We constantly seek out new ways of building on existing resources, building new relationships and finding alternative funding sources to further develop and enhance our programs.

We strongly encourage anyone who has an interest in finding out more about our programs to give us a call and/or visit any of our locations. Speak to those who live and work in our programs, ask questions and see what a difference programs such as SASI make in the community!

***“Working together with people of all abilities  
to improve the quality of their lives.”***

